

Seed Stitch

	7	6	5	4	3	2	1	
		●		●		●		7
6	●		●		●		●	
		●		●		●		5
4	●		●		●		●	
		●		●		●		3
2	●		●		●		●	
		●		●		●		1

Legend:

knit

purl

Flat Panel

Multiple of 2 sts plus 1.

R1: K1, *p1, k1; rep from * to end

R2: P1, *k1, p1; rep from * to end

Repeat rows 1 and 2 for pattern.

Circular

Multiple of 2 sts.

R1: K1, *p1, k1; rep from * to end

R2: P1, *k1, p1; rep from * to end

Repeat rows 1 and 2 for pattern.